

## **Can you help to improve online information for people with musculoskeletal problems in Mid-Nottinghamshire?**

MSK Together is a joined-up service across Mid-Nottinghamshire, serving the people of Mansfield, Ashfield, Newark and Sherwood. We aim to help people who have problems that affect the joints, bones, and muscles, such as back, neck, shoulder or knee pain.

We want to create a website to help people access information and services to improve their quality of life and give early, local and trusted information to help manage musculoskeletal problems.

We are looking for people with experience of having a musculoskeletal problem to join workshops to help us understand what matters most to people when it comes to websites and online resources. Anyone living in Mansfield, Ashfield, Newark or Sherwood is welcome to join.

Workshops will be held on Microsoft teams, starting in June/July 2022.

- The first session will be 60-75 minutes long and will include a welcome and discussion on what you would and would not like to see on a musculoskeletal website.
- The second, follow-up meeting will be 60 minutes long and we hope to get your views on our progress with the website so far.
- There may be a third meeting to amend the site in final stages of development.

Dates of meetings will be sent to people who wish to join in advance and the time between meetings will vary as the project develops. Patient experts will not be paid to attend meetings, but out-of-pocket expenses will be repaid.

You are welcome to continue working with the MSK Together group going forwards.

If you are interested to join or would like more information, please contact Rose Allen, Digital Lead and Advanced Practitioner for MSK Together, on 01623 484820. Alternatively, please email [rose.allen@nottshc.nhs.uk](mailto:rose.allen@nottshc.nhs.uk)

### **About the MSK Together website project**

The MSK Together website will help people with musculoskeletal problems to access quick and reliable information on their condition and how it can be treated. We would like people with experience of MSK conditions to help us create this: -

- By expressing interest in joining the workshop, you are also consenting to share your views with other members of the workshop. The workshop will be facilitated by Rose Allen (Digital Lead at MSK Together) who will be writing notes to capture your views and experiences.
- Please be assured that your views will be captured and shared anonymously with the MSK Together working group for the website. Your feedback and experiences will really feed into how the website looks and feels.

- Your participation in the MSK Together website workshops is voluntary. You can opt-out at any point by contacting Rose Allen, Digital Lead, on 01623 484820 or via email [rose.allen@nottshc.nhs.uk](mailto:rose.allen@nottshc.nhs.uk). Please contact Rose Allen should you wish to change your contact information at any point and please keep Rose updated if your contact information changes. Please be assured that your withdrawal from the workshop would not adversely affect your access to healthcare.
- Mid-Nottinghamshire ICP is a group of organisations across Mansfield, Ashfield, Newark and Sherwood, including local hospitals, GPs, service commissioners, ambulance services, district and county councils and community and voluntary services. For more information, see: <https://healthandcarenotts.co.uk/care-in-my-area/mid-nottinghamshire-icp/> (last accessed May 2022)

**To request this information in another language or format, please contact Rose Allen, Digital Lead and Advanced Practitioner for MSK Together at:**

Rose.allen@nottshc.nhs.uk or 01623 484820.

**Privacy statements (all web links last accessed May 2022)**

- Mid-Nottinghamshire ICP <https://healthandcarenotts.co.uk/privacy-policy/>
- Nottinghamshire Healthcare NHS Foundation Trust <https://www.nottinghamshirehealthcare.nhs.uk/privacy-policy>
- NHS England <https://www.england.nhs.uk/publication/nhs-englands-privacy-notice/>