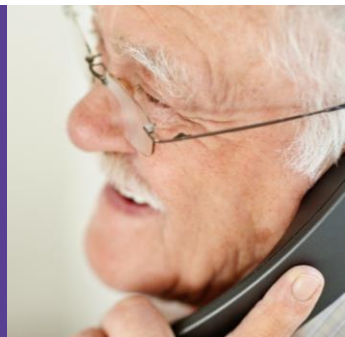




Are you feeling lonely?  
Would you like someone  
to talk to?  
Would some support  
help you in this strange  
time?



## Phone Befriending offered by Ashwood Church

**HOW ARE YOU FEELING AT THIS TIME?**

**DO YOU NEED TO SPEAK TO SOMEONE?**

**WE ARE HERE TO LISTEN**

**WHAT IS 'TWO'S COMPANY'?**

'Two's Company' is a telephone befriending programme being run through churches across the UK to respond in a relevant way to the Covid-19 pandemic. Many people are more isolated now than ever and this approach provides a way for local people to stay in touch by telephone on a regular basis.

**THIS IS NOT COUNSELLING  
YOU WILL NOT BE ASKED FOR  
MONEY**

Volunteers will have been vetted and have had some training and are warm, friendly people who are ready to chat and encourage someone who is feeling lonely.

**Please call for a friendly chat**

**Coordinator:** Janet Wright

**Freephone:** 0800 9991264

**Email:** [twoscompany@ashwoodchurch.org.uk](mailto:twoscompany@ashwoodchurch.org.uk)

**Church Address:** Ashwood Centre, Portland St, Kirkby in Ashfield, NG17 7BA

Ashwood Centre, Portland St, Kirkby-in-Ashfield, Nottingham, NG17 7AB

Ashwood Church a company limited by guarantee • Company registered in England & Wales Number 6946764

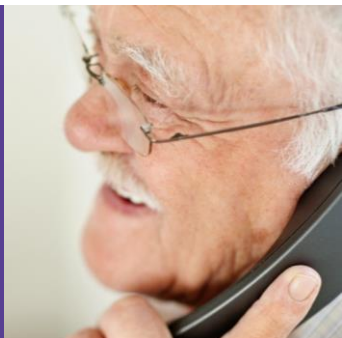
Registered Charity Number 1134945 • Registered Address: 41 Crocus Street, Kirkby-in-Ashfield, Nottingham, NG17 7DY

This project has been set up in partnership with Linking Lives UK which is a national Christian befriending charity that, since 2012, has established befriending projects in over 30 communities across the country, working through the local church to combat loneliness and social isolation.

[www.linkinglives.uk](http://www.linkinglives.uk)



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